

## Preventing Exposure to SARS-CoV-2 and COVID-19 During Your Breast Health or Breast Cancer Diagnosis, Treatment or Follow-up

### WHAT TO KNOW BEFORE YOU GO

*Please use this tool to ask your care team about how to keep yourself as safe as possible when navigating the healthcare system during this time. It may also be a useful tool during flu season as a way to stay strong during your clinic visits. Some questions can be answered by your schedulers and others by your care team.*

Komen now urges everyone to take care of their health by scheduling routine screenings and preventive care and getting any worrisome symptoms checked out. For women who feel well and are due for a screening mammogram (and the center is open), they should call for an appointment. Women, who are overdue for screening mammograms, should call their care team to make an appointment.

Diagnostic imaging for people who have warning signs for breast cancer and other essential care services should not be delayed.

### For Your Scheduler: Screening/Diagnostic Breast Cancer Services (Undiagnosed) & All Clinic Visits

| Place a ✓ Mark to the Right  | Yes | No | Needs Follow-Up |
|--|-----|----|-----------------|
| Is telehealth available for my appointment?  |     |    |                 |
| What if I am experiencing COVID-19 symptoms (or am positive for COVID-19), should I stay home until I am better? |     |    |                 |
| I may have been exposed to COVID-19. Can I still come to my appointment?   |     |    |                 |
| Do I need to wear a face covering when I come in?  |     |    |                 |
| Do I need to wait in my car until I get a phone call that they are ready for me?                                 |     |    |                 |
| If I can come in to wait, can someone stay with me in the waiting room?  |     |    |                 |
| If my caregiver can't be with me during my care, who will contact them when I am ready to be picked up?          |     |    |                 |
| Are the machines and equipment cleaned and disinfected between each patient?                                     |     |    |                 |
| Do I need to call you if I experience any COVID-19 symptoms (or test positive) after my visit?                   |     |    |                 |
| Is your staff being protected against COVID-19?  |     |    |                 |

### For Your Care Team: Treatment (Same Questions as Above, in Addition to These)

| Place a ✓ Mark to the Right  | Yes | No | Needs Follow-Up |
|--|-----|----|-----------------|
| Will my treatment change due to COVID-19 restrictions? Do I need to start treatment now or can I wait until it is safer? |     |    |                 |
| Will having treatment put me at higher risk of getting COVID-19?   |     |    |                 |
| Will I be tested for COVID-19 before starting/during my treatment?   |     |    |                 |
| Will this pandemic delay any test results?   |     |    |                 |

| Place a ✓ Mark to the Right  | Yes | No | Needs Follow-Up |
|--|-----|----|-----------------|
| Should I tell my employer that I'm having treatment and am at high risk of COVID-19?           |     |    |                 |
| Should I take special precautions during my treatment to prevent me from getting COVID-19?     |     |    |                 |
| Should I go to work during my treatment?   |     |    |                 |
| Should I wear face coverings when I'm at home or in the community (grocery shopping)?          |     |    |                 |
| If I am at greater risk when I'm in treatment, is it ok for my family and friends to visit me? |     |    |                 |
| Should people who come in contact with me wear a face covering?                                |     |    |                 |
| If I have a caregiver at home, is it ok for them to go to work or be around others?            |     |    |                 |

**For Your Care Team: Check-Up/Follow-up Visits (Post-Treatment) (Same Questions as Above, in Addition to These)**

| Place a ✓ Mark to the Right   | Yes | No | Needs Follow-Up |
|---|-----|----|-----------------|
| Will I be tested for COVID-19 before my appointment?  |     |    |                 |
| Do follow-up tests (blood work, MRI, mammogram, etc.) put me at higher risk for exposure to COVID-19? |     |    |                 |

**Notes**